



**Royal Medical  
Benevolent Fund**

The Doctors' Charity



# Helping doctors and their families for over 180 years.

Every the RMBF helps hundreds of doctors, medical students and their family members who are in serious hardship due to illness, injury, disability, ageing or bereavement.



## How we help...

**Regular monthly  
grants**

**Back to work  
awards**

**Medical student  
grants**

**Refugee doctor  
grants**

**Money advice**

**PhoneFriends**

## Who we help...

**The RMBF provides support to doctors of all specialties  
and at all stages of their careers.**

Our Medical Student Support Programme helps medical students in their final two years of study.

**In 2017/18...**

**255 beneficiaries  
received support**

**£520,988 expended  
in grants**

\* Increased by 11% on 2016/17 grants

## Why people turn to the RMBF, 2017-18

Mental illness

**53%**

Physical illness

**37%**

Refugee doctors

**5%**

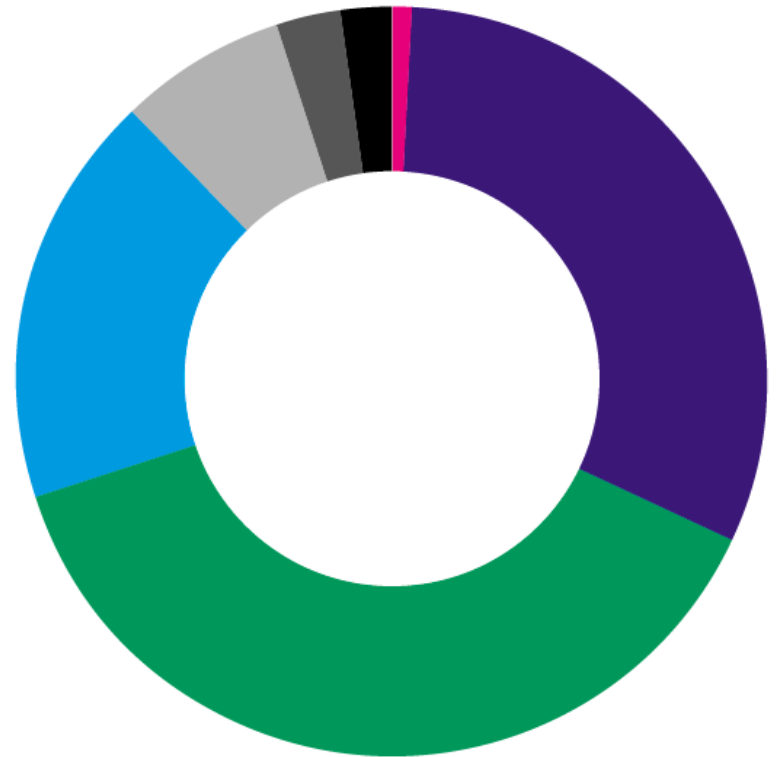
Carer/age/bereavement

**5%**



## Age of new applicants to the RMBF, 2017-18

0-20 years	1%
21-30 years	31%
31-40 years	38%
41-50 years	18%
51-60 years	7%
61-70 years	3%
71-80 years	2%



## Back to work support



**30 beneficiaries helped to return to work or remain in employment**



**31 beneficiaries given help towards education and training**

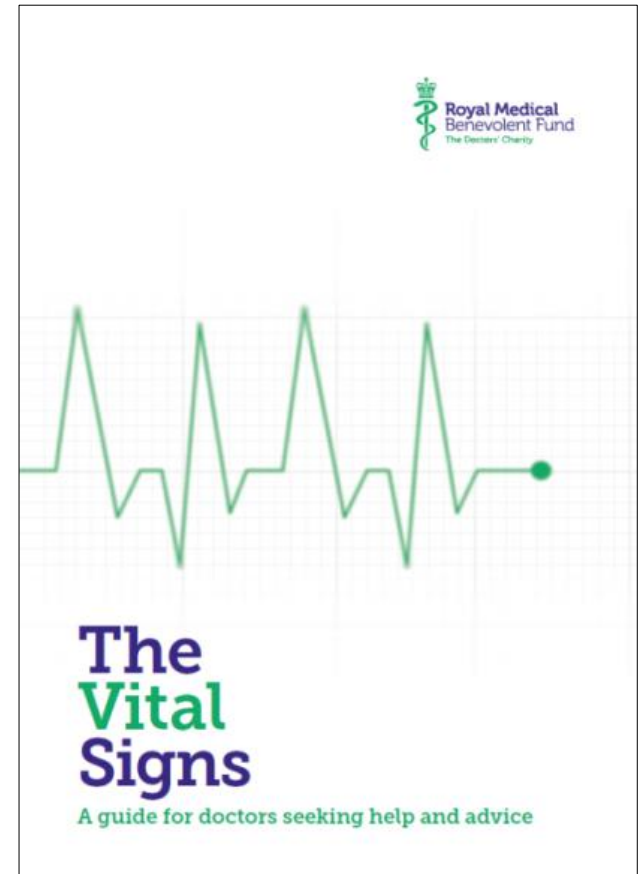
## Other forms of support

### DocHealth

- **Confidential psychotherapeutic service for doctors, jointly supported by the BMA and the RMBF**

### The *Vital Signs* Guides

- **Guides for doctors seeking help and advice with versions available for GPs and medical students**





**The RMBF relies on voluntary donations. Without the support of the medical profession we could not continue to provide vital support to doctors, medical students and their families.**

**[www.rmbf.org](http://www.rmbf.org)**

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