

Structured Reflective Templates

*'A way of organising your thought
processes in learning and
professional development'*

Case Review SRT

- Description of clinical event
- Reflections related to good clinical care
- Reflections relating to maintaining good medical practice

Case review SRT (cont)

- Reflections relating to relationships with patients
- Reflections relating to relationships with colleagues
- Outcome

Probity SRT

- Select an instance where there has been an issue of probity in the last 12m
- Describe the dilemma
- What did you do?
- What was good about the approach you took
- What could you have done to produce a better outcome

Probity SRT (cont)

- What changes are to be made?
 - Personally
 - For the team
- Final outcome after discussion at appraisal

The Credit Crunch

Impact and Challenge model

Definition (RCGP)

- A credit is a unit of professional development which is a product of the impact of a developmental activity and to a lesser extent the challenge involved in it's completion.
- Credits are self assessed and verified at appraisal

Impact

- Low impact
- Minor Impact
- Moderate Impact
- Significant impact
- High Impact

Challenge

- Low Challenge
- Minor Challenge
- Moderate Challenge
- Significant Challenge
- High Challenge

How to Assess the Value of Credits

Impact Challenge	Low	Minor	Moderate	Significant	High
Low	1-2 Credits	2-4 Credits	3-5 Credits	4-8 Credits	5-10+ Credits
Minor	1-3 Credits	2-4	3-7	5-10	6-12+ Credits
Moderate	2-4 Credits	3-6	4-8	6-12	8-15+ Credits
Significant	3-5 Credits	4-7	5-11	7-15+	10-20+ Credits
High	4-6 Credits	5-10	6-14+	10-20+	20+ Credits