

HOT TOPICS FOR GPs  
WINTER STUDY DAY  
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REVALIDATION, ETC. ETC.  
WHAT A BUSY GP  
NEEDS TO KNOW

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[www.family-doctor.org.uk](http://www.family-doctor.org.uk)



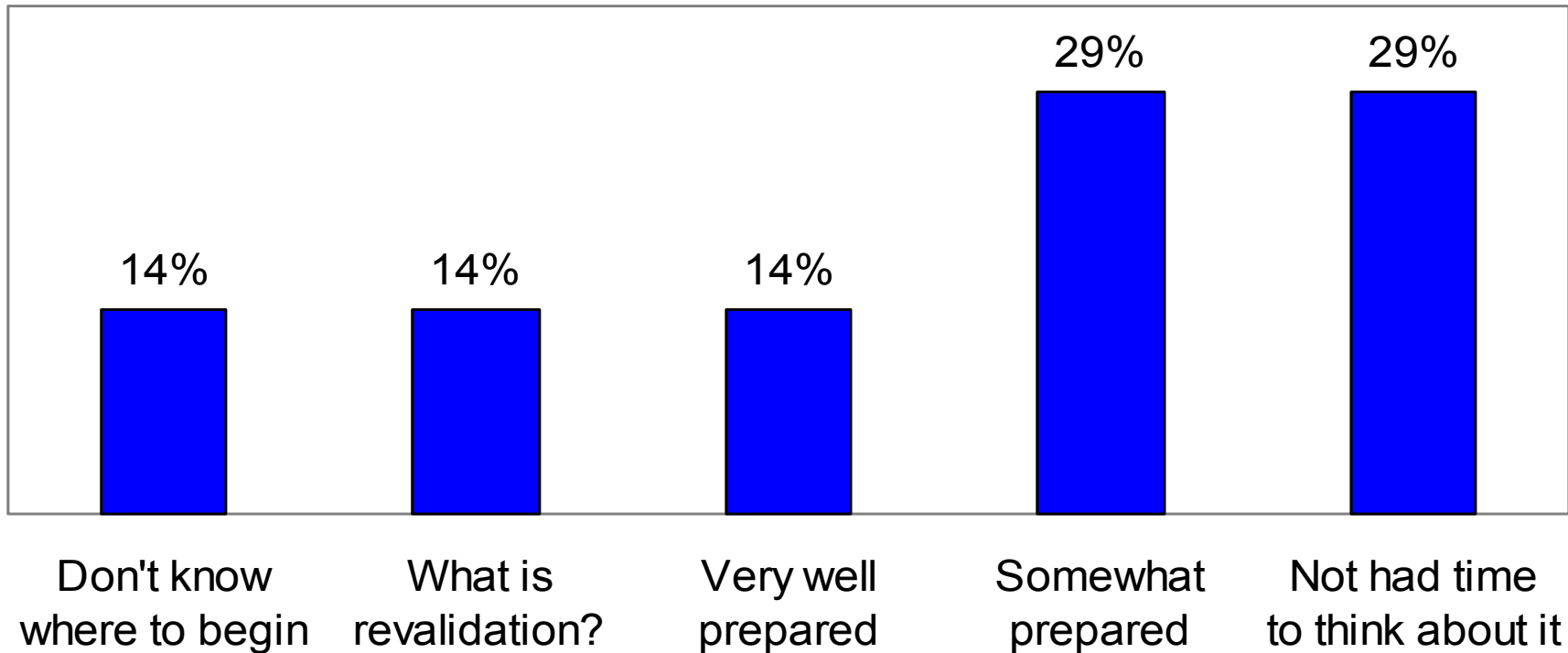
# What a headache....!

- Find your way through the challenges:
- REVALIDATION
- RECERTIFICATION
- PRACTICE ACCREDITATION
- PRACTICE QUALITY
- PRACTICE QUALITY ACCOUNTS
  
- WHICH WAY TO GO???





## How prepared are you for GP revalidation?



# So, let's unpick the challenges

- REVALIDATION

- All doctors who wish to practice must participate.
- Includes **Relicensing** Plus **Recertification**



# RELICENCING

- For all doctors
- Shows that the GMC has received positive assurance that the doctor continues to practice in accordance with the generic standards set by the GMC



# RECERTIFICATION

- For all doctors on GMC specialist and GP register
- This will show that the GMC has received positive assurance that the doctor continues to practice in accordance with the speciality standards drawn up by the relevant Royal College and agreed with the GMC



# Is this all too much?

[www.verparacreer.net](http://www.verparacreer.net)



# A brief whistle through the standards

- Based on GMC “Good Medical Practice”
- 4 Domains
- Each domain has 3 Attributes
- Each Attribute has some Standards attached to it – total of **75 Standards**
- Evidence needs to be mapped to the Attributes only



# DOMAIN 1

## Knowledge, Skills and Performance

- Maintain your professional development
- Apply knowledge and experience to practice
- Keep clear, accurate and legible records



# DOMAIN 2

## Safety and Quality

- Systems to protect patients and improve care
- Respond to risks regarding patient safety
- Protect patients from risks posed by your health



# DOMAIN 3

## Communication, Partnership and Teamwork

- Communication Skills
- Work constructively with colleagues and delegate appropriately
- Establish and maintain partnerships with patients



# DOMAIN 4

## Maintaining Trust

- Show respect for patients
- Treat Patients fairly and without discrimination
- Act with honesty and integrity



# The supporting information:

## Knowledge, Skills and Performance

### Maintain Professional Development

- *What -*
- Maintain knowledge of the law and relevant regulations
- Keep your knowledge and skills up to date
- Audit your clinical work and the team you work with
- *How*
- Learning credit
- MSF from colleagues



# The supporting information:

## Knowledge, Skills and Performance

### Apply Knowledge and Experience

- *What*
  - Assess patients
  - Investigate, treat
  - Prescribe safely
  - Evidence based Rx
  - Consult colleagues
  - Refer
  - Support self care
- *How*
  - Patient Survey
  - MSF
  - Review of complaints
    - *Description*
    - *Lessons learned*
    - *Action taken*



# The supporting information: Knowledge, Skills and Performance Keep clear and accurate records

- *What*
- Contemporaneous records
- Record clinical findings, information given to patients, drug and other treatments
- *How*
- MSF



# The supporting information: Safety and Quality Systems to protect patients and improve care

- *What*
- Know limitations
- Reflective practice
- Patient safety
- Quality Assurance
- *How*
- Annual appraisal
- PDP
- SEA
- Complaints review
- Clinical Audit



# The supporting information: Safety and Quality

## Respond to risks to patient safety

- *What*
- Safeguarding Children
- Safeguarding Adults
- Colleagues' performance
- *How*
- MSF
- Professional indemnity



# The supporting information: Safety and Quality

## Protecting patients from risks posed by your health

- *What*
- Independent medical advice
- Immunisations
- *How*
- Statement of health
- MSF
- Registered with another practice



# The supporting information: Communication, Partnership and Teamwork

- *What*
  - Listen to patients
  - Inform patients
  - Treat patients with courtesy
  - Treat Colleagues with respect
  - Support colleagues
  - Delegate appropriately
  - Consent before examination
- *How*
  - Patient survey
  - MSF
  - Review complaints



# The supporting information: Maintaining Trust Show respect for patients

- *What*
- Be polite, considerate and treat patients with dignity
- Respect confidentiality
- *How*
- Patient Survey
- MSF
- Review complaints



# The supporting information: Maintaining Trust Treat patients fairly and without discrimination

- *What*
- Treat colleagues and patients fairly and without discrimination
- Provide care on basis of need
- Respond to complaints
- *How*
- Patient Survey



# The supporting information: Maintaining Trust Act with honesty and integrity

- *What*
  - Be honest in any report, research etc.
  - Have indemnity cover
- *How*
  - Statement of probity
  - MSF



# See the pattern???

- **Appraisal** : Statement of Health, Statement of Probity, Audit, Significant Event Monitoring, Review Complaints
- **Learning Credits**
- **Multi-source Feedback** : Patient Survey and Professional Feedback
- **Professional indemnity**



# What are you not doing?

- MSF – multisource feedback – and I suggest you wait a while for this one
- And.....???????



# Is that all???



www.veripal-artreer.net



Family Doctor  
Association

# Except for:

- Care Quality Commission (16 core standards)
- Practice Accreditation
- Practice Quality Accounts
  
- Come back next year for more news on these!



# Where do I start?

- Appraisals – will be strengthened but basically of same format
- Learning – keep track of what you already do!
- Do it your way! One size does NOT fit all.
- Where is your comfort zone? PUNS and DENS? Reading? Meetings? Workshops?





KEEP  
CALM  
AND  
CARRY  
ON



# What learning do I need?

- 50 credits a year – 250 per 5 year revalidation cycle
- Some exceptions allowed (prolonged maternity etc)
- Meetings, e-learning, reading, teaching, audit, case based discussion etc
- 1 credit  $\approx$  1 hour's learning



# Am I doing it already?

- Looking up a drug side effects?
- Web Mentor – unusual conditions or to confirm management plan?
- Reading the journals?
- Lunchtime meetings?
- Sharing a case with a colleague?
- Surprise diagnosis on hospital letters – reflective review of case?



# Am I doing it already?

- Using NHS Appraisal website – your e-portfolio
- Collecting your evidence/confirmatory documentation
- Really doing what you already do and remembering to record it!
- Know your learning style and play to your strengths



Double Your Money

*IMPACT !!!*



# Get 1 point per hour...

- Go to a clinical meeting for an hour
- Listen and record reflection
- No change of practice
  
- 1 credit



# Get 2 points per hour...

- Same meeting BUT...
- Apply the learning to the management of patients with that condition and change the management
- 1 credit x 2 because of IMPACT
- **2 Credits for an hour**



# It gets better. For 6 points....

- Same meeting
- Do an audit of patients with practice discussion
- 1 credit for meeting, 1 for planning audit (1 hour) and 1 for discussion of audit
- 3 credits – make changes in audit cycle
- **Double up to 6 points...**



# And don't forget...

- Management activity could form a part of a credit – double if you have any impact!
- Significant Event Audit meetings – double your points if you change your practice
- Teaching activity – students, registrars, F2 doctors – but also your own staff
- Lecturing! (Can I double my points for today??? Let's vote !!!)



# PERSONAL DEVELOPMENT

## BE A SMARTIE

- PDP should be outcome of appraisal. Make the goals Smarties...
- **S**pecific
- **M**easurable
- **A**chievable
- **R**elevant
- **T**ime-bound
- Interesting – or you won't do it
- **E**conomic – time effort and money



# And finally...

- No, it's not all worked out yet
- Keep an eye on the websites – FDA and RCGP (latter has 3 monthly updates)
- Don't try MSF unless you are a real enthusiast yet – can be damaging if done badly
- Lots of further guidance available from the office

